## One Rescuer - Infant

Step	Activity	Critical Performance
1. Airway	Assessment: - Determine unresponsiveness - Activate EMS system - Position the victim - Open the airway	<ul> <li>Tap or gently shake the baby</li> <li>Shout "Baby, baby!"</li> <li>Call out for help</li> <li>If someone responded to call for help, send him/her to activate EMS system (If no one responds, go for medical help, carry baby with you to telephone)</li> <li>Turn on back, supporting the head and neck if necessary</li> <li>Use head tilt maneuver or jaw thrust (do not over extend the neck)</li> </ul>
2. Breathing	- Determine breathlessness - Ventilate twice	<ul> <li>Maintain open airway</li> <li>Ear over mouth, observe chest; look listen feel for breathing (3-5 sec)</li> <li>Maintain open airway</li> <li>Seal mouth and nose properly</li> <li>Ventilate 2 times at 1-1.5 sec/inspiration</li> </ul>
3. Circulation	<ul> <li>Determine absence of pulse</li> <li>Begin chest compressions</li> </ul>	<ul> <li>Feel for brachial pulse on closest arm (5 sec)</li> <li>Maintain open airway with other hand</li> <li>Landmark using 2 fingers for chest compressions</li> <li>Compress ½ to 1 inch</li> <li>Compression rate: 100/minute</li> </ul>
4. Compression/Ventilation Cycles	- Do 20 cycles of 5 compression and 1 ventilation	- Proper compression/ventilation ratio: 5 compressions to 1 ventilation per cycle
5. Reassessment	- Determine absence of a pulse	<ul><li>Feel for brachial pulse (5 sec)</li><li>If no pulse, go to step 6</li></ul>
6. Continue CPR	- Resume compression/ventil ation cycle	- Feel for brachial pulse every few minutes